# Staphylococcus spp

One of the most common of all bacteria associated with humans and important pathogens

#### *Microbiology of Staphylococcus* Gram + cocci

- generally in grape-like clusters (Gr, *staphyle*)
  - also singly, pairs, etc.
- Important group!!
  - Normal on skin, upper respiratory tract, vagina, intestines, etc.
- Three pathogenic spp
  - S. aureus
    - produces coagulase
  - S. epidermidis
    - most common organism on skin
  - S. saprophyticus



### Microbiology continued

#### • Pyogenic cocci

- invasive "pus-formers'
  - Staphylococci
  - Streptococci
  - Pneumococci
- numerous diseases
  - depending on virulence factors
  - major nosocomial disease agent
    - "staff" infections?
  - hemolytic on blood agar
    - destroys RBCs, leukocytes, etc.

Zones of hemolysis due to different toxins

### **Virulence Factors of Staph:**

#### • Enzymes:

- Catalase
  - interferes with phagocytic lysis
- Coagulase
  - forms clots
- Hyaluronidase
  - allows tissue penetration
- DNAases
- lipases
- penicillinases
- Protein A
  - binds IgG Fc receptors

#### - Staph Toxins:

- Cytotoxic toxins
  - 5 cytolysins: RBC, WBC, tissue necrosis
- Toxic Shock Syndrome
  - TSST-1
  - fever, hypotension, rash
- Exfoliative Toxin
  - Exfoliatin, A & B
  - splitting intracellular bridges
- Enterotoxins
  - 5 distinct
  - heat resistant

### **Transmission of Staph**

- Common in healthy persons
- Some strains more pathogenic:
  - 30-50% carriers
  - anterior nares & skin
  - endogenous infections
  - Impetigo is highly contagious
    - poor personal hygiene
    - fomite transmitted

- Nosocomial Infections
  - health workers have high carrier rates
    - nasosecretions on hands
  - hospitalized patients are often immunocompromised
  - Neonatal infections
  - Serious problem of antibiotic resistant S.
     *aureus (MDRSA)*
  - surgery, catheterization etc.

#### **Diseases of Staphylococcus**

- Superficial infections:
  - Furuncles (boils)
  - Carbuncles
    - spread subcutaneously fevers, etc.
      far more serious
  - Impetigo
    - maybe Strept also
  - wound and burn infections



#### **Superficial Staph Infections**

Impetigo

Stye, infected eyelash

> Surgical wound infection

**Staph mastitis** 

## Systemic & Superantigens

- Scalded skin syndrome
  - Exfoliatin, separation of epidermis from dermal layers
- Toxic Shock Syndrome
  - TSST-1
  - fevers, rash, diarrhea marked desquamation
- Food poisoning
  - *S. aureus*, **# 1**
  - Enterotoxin (toxemia)
  - Highly heat resistant
    - creamy foods, potato salad, ham, etc.
    - nausea & vomiting



**Fatal TSS** 

**Toxic Shock Syndrome** 

### **Other Staph Infections**

- Nearly any tissue may be infected with S.
   *aureus*-hematogenous spread
- S. epidermidis
  - skin flora
  - contaminate catheters, surgery, etc.
  - slime producers
    - biofilms on prosthetics
    - heart valves
    - artificial joints
    - endocarditis

- S. saprophyticus
  - less pathogenic
  - common cause of UTI in young women
    - dysuria, what is that?
  - also forms biofilms on prosthetics
    - but less often!
    - heart valves
    - joints, etc.

### **Treatment of Staph Infections**

- Penicillin resistance, plasmid coded penicillinase
- vancomycin only drug still useful
   recent drug resistance reported
- Cephalosporins, rifampin, etc.